

## School Food Authority Local Wellness Policy

1. Your Local Wellness Policy must include:
  - Goals for nutrition education, physical activity, nutrition promotion, and other school-based activities to promote student wellness. Other school-based activities, for example, could include but are not limited to the dining environment, time to eat, and/or food as a reward.
  - Nutrition guidelines for all foods available on the school campus
  - A plan for measuring implementation
  - Designation of one or more officials in charge of school compliance oversight
2. Your Local School Wellness Policy must be made available to the public. The Local School Wellness Policy could be posted on the public website or distributed with other important information at the beginning of the school year. Maintain documentation of how Local School Wellness Policy was made available to the public.
3. Your Local School Wellness Policy is required to be reviewed, updated, and assessed on an annual basis. For example, if the Local School Wellness Policy is updated at an annual stakeholder meeting, documentation indicating that the meeting occurred (e.g., an agenda, attendance sheet) would be appropriate.

The annual assessment must include at minimum:

- The extent to which schools are in compliance with the Local Wellness Policy
- Progress made toward attaining goals of the Local Wellness Policy
- Extent to which the Local Wellness Policy compares to the model Local Wellness Policy (see links below)

Maintain documentation of how Local School Wellness Policy was reviewed, updated, and assessed on an annual basis and who was included in this process.

4. Parents, students, physical education teachers, school health professionals, school administrators, the school board, representatives of the SFA, and the general public must be permitted to contribute to the development, implementation, periodic review, and update of the Local School Wellness Policy.

Maintain documentation demonstrating outreach. For example, the district might send out a district-wide email or post flyers in various locations to notify potential stakeholders about the opportunity or a notice posted on the Local Wellness Policy website.

5. Your annual policy assessment must be made available to the public. How the assessment is made available is at local discretion. Maintain documentation of how your annual policy assessment must be made available to the public.

Resources available:

- SD Model Wellness Policy: [http://doe.sd.gov/cans/documents/Wellness\\_Policy.pdf](http://doe.sd.gov/cans/documents/Wellness_Policy.pdf)
- Healthier Generation Model Wellness Policy Builder: [https://www.healthiergeneration.org/take\\_action/schools/wellness\\_councils\\_policies/](https://www.healthiergeneration.org/take_action/schools/wellness_councils_policies/)
- Team Nutrition model Local School Wellness Policy: <http://www.fns.usda.gov/tn/local-school-wellness-policy>
- CDC information on Local Wellness Policies, including health promotion and a list of resources: <http://www.cdc.gov/healthyyouth/npao/wellness.htm>